



August 22 –25, 2018
Boys Level 4 through Elite & JD

Developing new skills is what we are all about at NWG Training Camp. Our program brings together the very best Gymnastics' Coaches in the Northwest, paired with extraordinary guest Coaches, for a truly unique camp experience. Are camp is open to all levels and skill abilities.

Cost:\$175.00 per Gymnast Level 4
 \$300.00 per Gymnast Level 5 – 10 & JD

Team discounts are available; please email Leonard at leonard.spivey@ogagym.org for more information.

Please make checks payable to:

Leonard Spivey c/o
OGA
16305 NW Bethany Court
Beaverton, OR 97006

Camp Schedule

Level 4	Level 5 – 10 & JD
August 22, 2018 9:00 am to 12:00 pm	August 22, 2018 9:00 am to 3:30 pm
August 23, 2018 9:00 am to 12:00 pm	August 23, 2018 9:00 am to 3:30 pm
August 24, 2018 9:00 am to 12:00 pm	August 24, 2018 9:00 am to 3:30 pm
August 25, 2018 9:00 am to 12:30 pm	August 25, 2018 9:00 am to 12:30 pm

Please bring a snack and lunch every day.



NWG Training Camp Registration

Gymnast Name _____ Level _____ Age _____

Address _____ Phone _____

City, State, Zip _____ Email _____

Emergency Contact Information

Name _____ Phone _____

Insurance Information

Provider _____ Phone _____

Release of Liability

By the very nature of the activity, gymnastics carries a risk of physical injury. No matter how careful the gymnast and coach are, no matter how many spotters are used; no matter what height is used or what landing surface exists, the risk cannot be eliminated. The risk of injury includes minor injuries such as bruises, and more serious injuries such as broken bones, dislocations, and muscle pulls. Although it is very unlikely, the risk also includes catastrophic injuries such as permanent paralysis and even death from landing or falls on the back, neck or head. Basic First Aid will be administered for all minor injuries. Parents, paramedics, an ambulance, or doctors may be called when necessary. I, despite all reasonable precautions implemented for safety, am fully aware of and appreciate the risks, including the risk of catastrophic injury, paralysis and even death, as well as other damages and losses associated with participation in the programs or activities. I knowingly and willingly assume all such risks. Consequently, I hereby for myself, heirs, executors and administrators, do waive and release any and all rights and claims for damages against NWG camp, Oregon Gymnastics Academy, Board of Directors, Parents Clubs, coaches, employees or other members or representatives of the organization whether paid or volunteer, from personal injury or accident of any sort or nature suffered by me, the undersigned, by reason of participation or membership in classes, lessons, or any programs or activities of OGA and/or any injuries or damages in connection with the transporting to and/or from competition, exhibitions, or prearranged outings. The risks involved are fully understood. I, the minor's parent and/or legal guardian, understand the nature of these activities and the minor's experience and capabilities and believe the minor to be qualified, in good health, and in proper physical condition to participate in such activity. I hereby release, discharge, and covenant not to sue, and agree to indemnify and save and hold harmless each of the releases from all liability claims, demands, losses, or damages on the minor's account caused or alleged to be caused, in whole or in part by the negligence of the "releases" or otherwise, including negligent rescue operations. I further agree that if, despite this release, I, the minor, or anyone on the minor's behalf makes a claim against any of the releases named above, I will indemnify, save, and hold harmless each of the releases from any litigation expenses, attorney fees, loss liability, damage, or cost any may incur as the result of any such claim.

Signature _____ Date _____